

## **Sexual Intimacy & Planning for a Baby Seminar**

### **“A Recipe for better Sex”**

An up-close and personal session with our O&G Specialists. This seminar is designed for couples and newly-weds, who wish to find out more about how they can ignite their sex lives and to be able to communicate sensually and sexually with each other. As well as tips for a more intimate and fulfilling sexual relationship.

#### **Topics covering will be:**

- 1) Sexual Anatomy & Physiology
- 2) Differences in Male and Female Sexual Responses
- 3) Significance of Sexual Intimacy & its Roles in a Marital Relationship
- 4) Clarifying Myths & Misconception about Sexual Intimacy
- 5) Methods of Contraception
- 6) Issues on Fertility & Planning for a Baby

#### **Registration Fee:**

\$5.00 per person/\$8.00 per couple  
(Inclusive of a goodie bag and refreshment)

#### **For registration, please make cheque payable to:**

The Singapore Planned Parenthood Association

Please indicate your Name, contact Number, “Sexual Intimacy Seminar” 2009” at the back of the cheque and mail to:

The Singapore Planned Parenthood Association

Blk 3A Holland Close #01-55

Singapore 272003

For further enquiry,

You may wish to contact Ms Rey

Tel: 6775 8981/Email: [sppassn@singnet.com.sg](mailto:sppassn@singnet.com.sg)