

## Fertility Awareness Programme for Tertiary Institution (FAPTI)

An one and a half hours talk by experienced professional specialising in sexual and reproductive health to educate young adults on fertility and family planning matters.

For who:	Young adults, aged 17 – 24
Group Size:	40pax and above
Charges:	\$200 (includes speaker fee, materials and light refreshment)
Topics:	<ul style="list-style-type: none"><li>• Maintenance of Fertility: Lifestyle and fertility issues</li><li>• Contraception: Is there a most effective and suitable method? How will this affect future fertility?</li><li>• Sexually Transmitted Infections: What are the risks? Protecting oneself through "ABC"</li><li>• Family Planning &amp; Having Children</li></ul>